



2 WEEKS

SAMPLE SUMMER PROGRAMME 2019*

	MORNING	AFTERNOON	EVENING
Sunday	WELCOME TO ARDMORE		
Monday	Lessons	Sports & Leisure Activities	Welcome Icebreaker Games
Tuesday	Lessons	Sports & Leisure Activities	Blind Date
Wednesday	Lessons	Half Day Excursion to Colchester	Talent Show
Thursday	Lessons	Sports & Leisure Activities	Casino Night
Friday	Lessons	Sports & Leisure Activities	Disco
Saturday	Full Day Excursion to Cambridge, King's College Chapel and Walking Tour		Sports Tournament
Sunday	Sports and Leisure Activities on Campus / Optional Extra Excursions		Movie Night
Monday	Sports & Leisure Activities	Lessons	Capture the Flag
Tuesday	Sports & Leisure Activities	Lessons	Quiz Night
Wednesday	Half Day Excursion to Bury St Edmunds	Lessons	Karaoke
Thursday	Sports & Leisure Activities	Lessons	Rounders
Friday	Sports & Leisure Activities	Lessons	Disco
Saturday	Full Day Excursion to London, Thames River Cruise and Westminster Walking Tour <i>Late return meal voucher provided</i>		Mini Olympics
Sunday	GOODBYE ARDMORE		

ENGLISH LESSONS:

15 hours per week (3 hours per day, 5 days per week); maybe morning or afternoon.

SPORTS / ACTIVITIES AND PROJECT WORK:

Football, tennis, swimming, basketball, baseball, volleyball, arts & crafts, etc; maybe morning or afternoon

* The Programme may vary due to operational reasons