

EASTBOURNE CAMPUS RESIDENTIAL



2 WEEKS

SAMPLE SUMMER PROGRAMME 2019*

	MORNING	AFTERNOON	EVENING
Sunday	WELCOME TO ARDMORE		
Monday	Orientation of Eastbourne <i>(walking)</i>	Lessons	Welcome Icebreaker Games
Tuesday	Sports & Leisure Activities	Lessons	Quiz Night
Wednesday	Half Day Excursion to Brighton Pier and Lanes	Lessons	Talent Show
Thursday	Eastbourne Town Trial <i>(walking)</i>	Lessons	Casino Night
Friday	Sports & Leisure Activities	Lessons	Disco
Saturday	Full Day Excursion to Portsmouth, Spinnaker Tower and Gun Wharf Quays		Sports Tournament
Sunday	Sports and Leisure Activities on Campus / Optional Extra Excursions		Movie Night
Monday	Lessons	Beach Adventure <i>(walking)</i>	Capture the Flag
Tuesday	Lessons	Sports & Leisure Activities	Find Dr Ardmore
Wednesday	Lessons	Half Day Excursion to Brighton i360	Karaoke
Thursday	Lessons	Sports & Leisure Activities	Rounders
Friday	Lessons	Sports & Leisure Activities	Disco
Saturday	Full Day Excursion to London, Thames River Cruise and Westminster Walking Tour <i>Late return meal voucher provided</i>		Mini Olympics
Sunday	GOODBYE ARDMORE		

ENGLISH LESSONS:

15 hours per week (3 hours per day, 5 days per week); maybe morning or afternoon.

SPORTS / ACTIVITIES AND PROJECT WORK:

Swimming, tennis, football, uni-hoc, volleyball, basketball, rounders, cricket, bowling, treasure hunt, team games, etc: maybe morning or afternoon.

* The Programme may vary due to operational reasons

EASTBOURNE CAMPUS HOMESTAY



2 WEEKS

SAMPLE SUMMER PROGRAMME 2019*

	MORNING	AFTERNOON	EVENING
Sunday	WELCOME TO ARDMORE		
Monday	Orientation of Eastbourne <i>(walking)</i>	Lessons	Evening with Host Family
Tuesday	Sports & Leisure Activities	Lessons	Quiz Night
Wednesday	Half Day Excursion to Brighton Pier and Lanes	Lessons	Evening with Host Family
Thursday	Eastbourne Town Trial <i>(walking)</i>	Lessons	Casino Night
Friday	Sports & Leisure Activities	Lessons	Evening with Host Family
Saturday	Full Day Excursion to Portsmouth, Spinnaker Tower and Gun Wharf Quays		Evening with Host Family
Sunday	Day with Host Family or Optional Extra Excursion		Evening with Host Family
Monday	Lessons	Beach Adventure <i>(walking)</i>	Evening with Host Family
Tuesday	Lessons	Sports & Leisure Activities	Find Dr Ardmore
Wednesday	Lessons	Half Day Excursion to Brighton i360	Evening with Host Family
Thursday	Lessons	Sports & Leisure Activities	Disco
Friday	Lessons	Sports & Leisure Activities	Evening with Host Family
Saturday	Full Day Excursion to London, Thames River Cruise and Westminster Walking Tour <i>Late return meal voucher provided</i>		Evening with Host Family
Sunday	GOODBYE ARDMORE		

ENGLISH LESSONS:

15 hours per week (3 hours per day, 5 days per week); maybe morning or afternoon.

SPORTS / ACTIVITIES AND PROJECT WORK:

Swimming, tennis, football, uni-hoc, volleyball, basketball, rounders, cricket, bowling, treasure hunt, team games, etc: maybe morning or afternoon.

* The Programme may vary due to operational reasons