

	MORNING	AFTERNOON	EVENING
Sunday	WELCOME TO ARDMORE		
Monday	Lessons	Sports & Leisure Activities	Welcome Icebreaker Games
Tuesday	Lessons	Brighton Lanes <i>(walking)</i>	Egg Protector
Wednesday	Lessons	Half Day Excursion to Brighton i360	Talent Show
Thursday	Lessons	Sports & Leisure Activities	Casino Night
Friday	Lessons	Brighton Scavenger Hunt <i>(walking)</i>	Disco
Saturday	Full Day Excursion to London, Thames River Cruise and Westminster Walking Tour <i>Late return meal voucher provided</i>		Sports Tournament
Sunday	Sports and Leisure Activities on Campus / Optional Extra Excursions		Movie Night
Monday	Brighton Pier <i>(walking)</i>	Lessons	Capture the Flag
Tuesday	Sports & Leisure Activities	Lessons	Find Dr Ardmore
Wednesday	Half Day Excursion to Brighton Sea Life Centre	Lessons	Karaoke
Thursday	Sports & Leisure Activities	Lessons	Rounders
Friday	Beach Adventure <i>(walking)</i>	Lessons	Disco
Saturday	Full Day Excursion to Portsmouth, Spinnaker Tower and Gun Wharf Quays		Mini Olympics
Sunday	GOODBYE ARDMORE		

ENGLISH LESSONS:

15 hours per week (3 hours per day, 5 days per week); maybe morning or afternoon.

SPORTS / ACTIVITIES AND PROJECT WORK:

Football, tennis, swimming, basketball, baseball, volleyball, arts & crafts, etc; maybe morning or afternoon.

* The Programme may vary due to operational reasons